



# - S P R I N G M E N U -

## ALL DAY BRUNCH FROM 9AM

### HOUSE MADE GRANOLA

Rolled oats, mixed seeds, nuts, coconut flakes, seasonal fruit, vanilla yoghurt **\$16**

### FRENCH TOAST

(Only available Saturday & Sunday) Brioche French toast, Vanilla yoghurt, Coconut Flakes, Maple syrup and Seasonal fruit **\$18**

### PANCAKES

Buttermilk Style Pancakes, Vanilla yoghurt, Maple Syrup and Seasonal Fruit **\$20**

### BIG BREAKFAST

Tofu Scramble, Plant Based Sausage, Seasonal Greens, Garlic Roasted Mushroom, Smashed Avocado, Toasted Sour Dough, Hash Browns, House Tomato Relish **\$26**

### TOFU SCRAMBLE

Tofu, Seasonal greens, Toasted Sour Dough **\$22**

### BREAD OPTIONS

Gluten Free  
Sourdough

### EXTRAS

Plant Base Sausage, Avocado, Mushroom, Hash Browns (2,) Tofu Spinach **\$5**

Bacon **\$2.5**  
Gluten Free Bread **\$1**

## LUNCH

### WILD MUSHROOM BRUSCHETTA

House made Almond Ricotta on Sourdough, Sticky Balsamic & Mix Leaf Salad **\$16**

### TOMATO BRUSCHETTA

Tomatoes, Herbs, Almond Ricotta, Sticky Balsamic & mix leaf salad **\$16**

### GREEN BRUSCHETTA

Asparagus, Peas, broad beans, avocado, mint, dill, Almond Ricotta & Mix leaf Salad **\$18**

### SPICED ZUCCHINI FRITTERS

Zucchini, Corn, Spring Onion Fritter, Tomato relish & Mix Leaf Salad **\$18**

### FALAFEL SALAD

House made Falafel, Green herb dressing, Quinoa Salad, Radish, tomato, cucumber, red onion **\$22**

### CRISPY POLENTA

Wild mushroom ragu & spinach w Parmesan & Herbs **\$24**

### ROASTED CAULIFLOWER & PUMPKIN

Pearl Cous Cous, Spinach, Romesco Sauce, Toasted almonds, Herbs **\$24**

### NONNA MARIAS HOME MADE GNOCCHI

Special of the week **\$22**

### LD BURGER & CHIPS

Beef-Style Pattie, Bacon, Cheese, Pickles, Lettuce, Tomato, Onion Jam, house tomato relish **\$26**

### LOST DELI DOG & CHIPS

Plant based Hot Dog, Cheese, Sauerkraut, Pickles, Onion Jam, house tomato relish **\$20**

### CHEESE & TOMATO CROISSANT

toasted **\$12**

### IN HOUSE PASTRY

Selection of our house made pies & pasty served with chips and salad **\$20**

## SIDES

MIXED LEAF SALAD WITH LEMON DRESSING & PARMESAN **\$8**

CHIPS WITH HOUSE RELISH **\$10**

## KITCHEN OPENING HOURS

Mon - Fri 7:30am - 4:00pm

Sat - Sun 9:00am - 4:00pm

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# - DRINKS MENU -

## COFFEE & MORE

<b>ESPRESSO</b>	<b>\$4</b>	
<b>COFFEE</b>	<b>SM \$4.5</b>	<b>LG \$6.5</b>
Latte, Flat White, Cappuccino, Macchiato, Long Black		
<b>MOCHA/ICED MOCHA</b>	<b>SM \$5.5</b>	<b>LG \$7.5</b>
<b>HOT CHOCOLATE</b>	<b>SM \$4.5</b>	<b>LG \$6.5</b>
Milk Hot Chocolate, Chilli Hot Chocolate		
<b>CHAI LATTE</b>	<b>SM \$4.5</b>	<b>LG \$6.5</b>
Vanilla Chai, Turmeric Chai		
Dirty Chai (with coffee)	<b>SM \$5.5</b>	<b>LG \$7.5</b>
<b>FLAVOURED COFFEE - VANILLA, IRISH CREAM, HAZELNUT &amp; CARAMEL</b>		<b>ADD \$1</b>

### MILKS AVAILABLE (PLEASE SPECIFY UPON ORDER)

House blend Almond & Soy, Almond, Oat, Soy, Macadamia

### SELECTION OF DESSERTS SEE OUR FRIDGE

## COLD DRINKS

### FRESH JUICES **LG \$9.5**

#### BREKKY JUICE

Apple, Celery, Carrot, Ginger

#### GREEN GLOW

Cucumber, Apple, Spinach, Lemon

#### SUNSHINE

Mango, Pineapple, Apple, Lemon

### SELECTION OF COLD DRINKS SEE OUR FRIDGE

## TEA (SERVED IN A POT)

### TEA **1 CUP \$4.5 2 CUPS \$6.5**

- English Breakfast
- Earl Grey
- Peppermint
- Lemongrass & Ginger
- Green Tea
- Chamomile
- Bengali Tea

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38 Charles Street, Norwood, 5067.

Phone 8123 4687.